LABOUR FEDERATION SAYS STILL NO JUSTICE FOR VICTIMS OF TOXIC GAS LEAK {page 6}

DESPITE RISE OF EBOOKS, LIBRARIES BUSY AS EVER

{page 19}

DOCUMENTARY CONNECTS METAL MUSIC'S ROOTS
SCENE {page 23}

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Pride of Vancouver

B.C. Lions win the 99th Grey Cup in front of a sellout home crowd ▶ Fans from Vancouver and Winnipeg look back on memorable seasons {page 4} ▶ Full coverage of the Lions 34–23 win over the Blue Bombers {page 29}

▶ B.C. Lions' Andrew Harris hoists the Grey Cup after his team beat the Winnipeg Blue Bombers 34-23 in last night's championship game.

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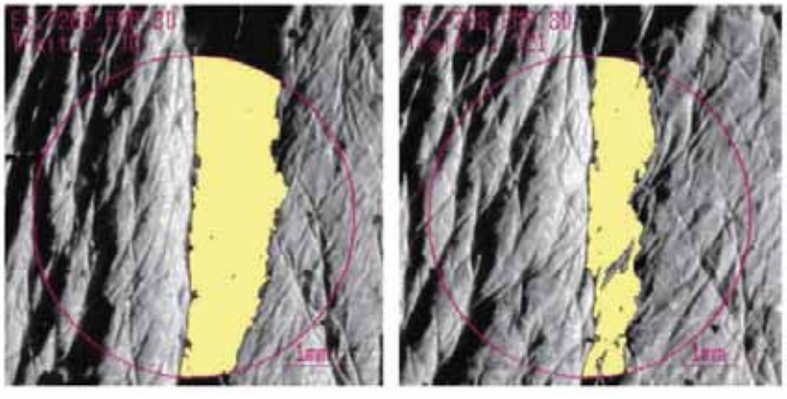

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Signed by Dr. Nowell Solish on July 8, 2011

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*This statement offers a comparison between the application methods of this topical product and the injection required to administer Botox. Botox is a registered trademark of Allergan, Inc. Indeed Laboratories Inc. and/or Okrapeptide are not affiliated with Allergan, Inc. or Botox.

BC Hydro slashes proposed rate hike

Cost-cutting measures suggested in a government review have led BC Hydro to reduce its proposed rate increases by half over the next three years. The Crown corporation had earlier proposed a 32 per cent total rate increase by 2014, but that has been reduced to 17 per cent with a new $800 million in spending cuts that would see 700 jobs eliminated. If the proposal is approved, the average hydro customer's bill will rise by $12 a month by 2014. DAVID PROCTOR

JONATHAN HAYWARD/THE CANADIAN PRESS

▶ Stephen Harper

Science World reno complete

Prime Minister Stephen Harper and Premier Christy Clark celebrated the completion of $35 million in renovations at Science World on Friday. The ReGeneration program, which includes a 30,000-square-foot expansion and sustainability upgrades, was funded with $10.5 million in grants from each of the federal and provincial governments, plus $14 million from Science World. DAVID PROCTOR

JEFF HODSON/METRO FILE

▶ The Coastal Renaissance passes under the Lions Gate Bridge. BC Ferries is planning to double the surcharge on the three major routes connecting Vancouver Island to the mainland.

BC Ferries surcharge hike 'a bit suspicious,' NDP says

Fuel surcharge to rise to 5 per cent from 2.5 per cent to offset cost of marine diesel ◐ NDP suggests price bump could be prohibited by law

DAVID PROCTOR
@METRONEWS.CA

Fuel-surcharge increases announced by BC Ferries on Friday could be illegal, the B.C. NDP says.

The price hike, which the Crown corporation blames on the rising cost of marine diesel, will raise the existing surcharge to five per cent from 2.5 per cent on the three major routes connecting Vancouver Island to the mainland. It will also introduce a new 2.5 per cent surcharge on the Horseshoe Bay-Langdale route.

NDP ferries critic Gary Coons said that under legislation passed last year, "in my mind, (it's) illegal to put in any fuel surcharges until October 2012."

The legislation in question suspended BC Ferries' power to make "extraordinary price cap increases" to account for costs such as fuel.

"A lot of people are seeing this as a last-minute cash grab by BC Ferries to try and do something with their $20-million deficit," Coons added.

A BC Ferries press release notes that its annual fuel costs have ballooned to a projected total of more than $120 million this year, up from $45.9 million in 2003. That's despite the corporation having reduced fuel consumption by five per cent over that time.

Coons also questioned the timing of the hike, which takes effect on Dec. 12.

"It's just before Christmas, when people are trying to deal with travel and the cost of the December Christmas season," he said. "I think it's a bit suspicious that this is happening now."

1 news

The UN's climate-change conference begins today in Durban, South Africa, and the stakes couldn't be higher. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web

Canadian bank earnings and new data on the U.S. economy will be top-of-mind for investors this week. Video at metronews.ca

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Grey Cup night brings Ecstasy & agony

PHYLICIA TORREVILLAS AND DAVID PROCTOR/METRO

▶ B.C. Lions fan Mike Beach, left, goes wild after the Leos clinched the 99th Grey Cup championship last night. Winnipeg fans didn't begin to show their despair until the very end of the game.

Vancouver pubs roaring as home team comes through during game last night
Trip from Vancouver Island well worth it for one fan

PHYLICIA TORREVILLAS
@METRONEWS.CA

Fans growled in triumph yesterday night as they saw their home team go from last to hoisting the Grey Cup.

It was an orange party at the Shark Club in Vancouver with a handful of Winnipeg Blue Bombers fans watching on the big screen, which team will hoist the coveted silver chalice.

But Victoria Howe, who came from the Island, didn't doubt that the Lions had it in the bag.

PHYLICIA TORREVILLAS /METRO

▶ From left, Mike Beach, Victoria Howe and Saari Hamilton cheer last night after Arland Bruce makes a six-yard touchdown that put B.C. up 31-9.

"They did really well in the first but they kind of lost it in the third," Howe said. "It was almost like they were giving up a little bit because they kind of almost knew they had it, but they came back at the very end. It was awesome."

Howe said her trip to Vancouver was worth it.

"The whole city is full of this great energy," she said. "It's something that you can say I did in my life. I'm so glad that we did it because it's a once-in-a-lifetime thing."

Mike Beach, who was wearing an Angus Reid jersey, banged the table every time the Leos scored touchdowns.

"I'm a third-generation B.C. Lions fan. so I've been a fan since birth," said Beach, who screamed at the top of his lungs when the time expired.

Jimmy Beaulieu, who came all the way from Abbotsford, said his Grey Cup experience was one for the books because not only did the Leos win, he also won $500.

Superstitions

Bombers fans followed every ritual in the book, but in the end fate had something else in mind.

▶ **Luck.** Superstitious rituals are a central element of sport, but all the luck in the world couldn't help Winnipeg yesterday. "I didn't touch nothing that said B.C. on it today," said Winnipeg fan Burke Butler at halftime yesterday.

▶ **'Ski boot'.** Winnipeg native Al Pervis explained, "I always go in my right ski boot first," but he didn't think that habit helped the Blue Bombers at all. "I didn't even think about it," he said.

Bombers fans cling to memorable weekend despite loss
Vancouver's Elephant and Castle hosted Winnipeggers during festivities

DAVID PROCTOR/FOR METRO

▶ The tension was palpable at the Elephant and Castle Pub in Vancouver as the Blue Bombers rallied toward the end of the game.

The Grey Cup contest may not have ended in Winnipeg's favour, but you wouldn't have known it in at the Elephant and Castle Pub in Vancouver.

"I feel like our offence didn't go, but at least it was a game," said Jeffrey Bunn, who lived in Winnipeg for 18 years. "At least we weren't blown away. It wasn't too bad."

Assistant manager Raj Khaira explained that the Burrard Street watering hole had become the Blue Bombers' local headquarters over the past week.

"Our general manager is from Winnipeg, and so I think that got the ball rolling ... Anybody that was here from Winnipeg came to our bar and stayed here until the end," he said.

"If a B.C. Lions fan walked in here, this whole bar was basically yelling and screaming, 'B.C. sucks!'"

The establishment became friendlier to Lions fans during the game, however, when most of the recent regulars had relocated to BC Place. Even so, the room still buzzed at every Winnipeg advance.

Anil Kaul, who came from Winnipeg to witness the game in Vancouver, was taken with the excitement leading up to the big game.

"It didn't matter which team. There were Saskatchewan fans, Edmonton fans, Calgary fans ... It's just four or five days of passion," he said.

DAVID PROCTOR

A Vacouverite's take on the Bombers

Mike Beach on the Winnipeg Blue Bombers' performance:

▶ **'Rock-solid defence.'** "I think they played really hard and they stuck to their system of being a rock-solid defence. I think Buck (Pierce) and their offence played really solid, which is what I kind of expected from them. They haven't blown anybody away, but they've stayed consistent all season. That's exactly what they did tonight. It feels really great to see Buck come back to B.C. I'm proud of them."

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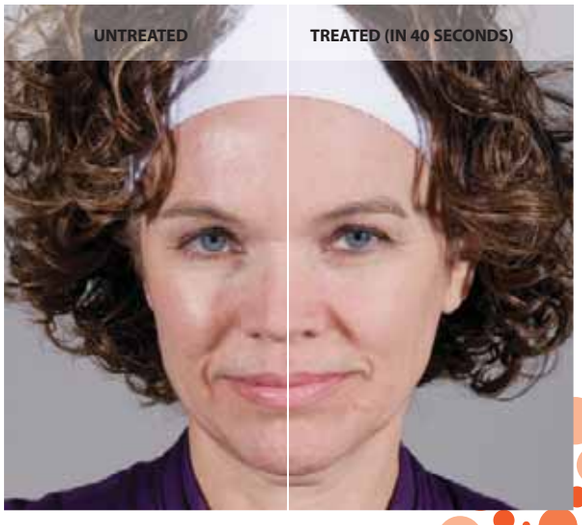

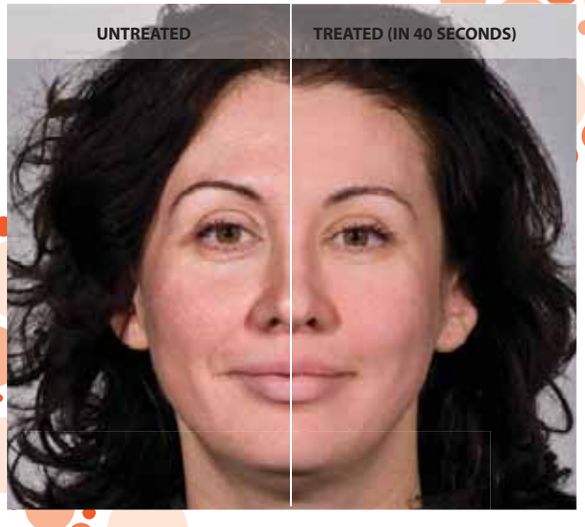

None of these images were retouched. Nanoblur was applied on one side of the face for comparison to the untreated side. The candidates were not wearing makeup and no special lighting was used. These half-face studies show true results of Nanoblur on these subjects.

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Judge orders $350K in fines over 2008 gas leak

B.C. Federation of Labour calling for a coroner's inquest into toxic gas leak that killed three men and left two with permanent brain damage One company went bankrupt and is unlikely to pay fines

PHYLICIA TORREVILLAS/METRO FILE

Phuong Le plants a kiss on her husband Michael Phan, who suffered brain damage after a deadly gas leak incident at a Langley mushroom farm in 2008.

KENDRA WONG
VANCOUVER@METRONEWS.CA

The B.C. Federation of Labour is calling for justice for the families of three mushroom-farm workers who were killed and two who suffered permanent brain damage due to a toxic leak in 2008.

On Friday, a judge dealt out $350,000 in fines to two Langley mushroom companies and their three owners.

A-1 Mushroom Substratum Ltd. received the largest fine of $200,000, while owner Thinh Huu Doan was fined $10,000.

Brothers Ha Quan Thuong and Van Thi Throng of H.V. Truong Ltd. were individually fined $15,000 and $5,000 each.

The company was fined an additional $120,000. A-1 Mushrooms went bankrupt and is unlikely to pay its fines.

B.C. Federation of Labour President Jim Sinclair said the judge's decision to impose fines rather than jail time sends the wrong message to other companies.

"It makes a mockery of the system," he said. "Even six months of jail time would have sent a message to other companies that they can't do this."

Inquest

- Sinclair is calling for a corner's inquest that he hopes will provide answers for the victims' families and will propose recommendations to ensure this does not happen at other mushroom farms.

For more local news visit metronews.ca/vancouver

Gang-related shooting leaves one in hospital

One man is in hospital after a gang-related shooting in Maple Ridge on Saturday.

Police received multiple calls about gunshots outside a residential property near Dewdney Trunk Road and Rosewood Street just before 8 p.m. on Nov. 26.

Several police officers found a 29-year-old male victim shortly after arriving.

He was airlifted to hospital by the B.C. Ambulance Service with possibly-life-threatening injuries. He has since undergone an operation, but his injuries remain "quite significant," said Ridge Meadows RCMP.

According to Insp. David Fleugel, the victim is known to police and has been linked to drug trade in Maple Ridge.

"The victim is well known to the members of our detachment and has been linked to the illicit drug trade in our area," he said in a press release. "This does not appear to be a random act."

Police are urging anyone with information to come forward. No arrests have been made.

KENDRA WONG

Stamps fan allegedly attacked over jersey

A Calgary Stampeders fan was allegedly beaten up early Saturday morning in Gastown for wearing his favourite team's jersey.

Vancouver police spokesperson Const. Jana McGuinness said a pair of friends were leaving a club at 50 West Cordova Street when they passed a group of four men.

"One of the men from the group allegedly commented about the Calgary football jerseys the two were wearing, and that's when things escalated quickly," McGuinness said in a statement. "A fight broke out between the men, during which the victim suffered facial injuries."

McGuinness said that the two Stamps fans made their way to the hospital for a checkup and called police around 1:30 p.m. to report the incident.

It's unclear at this point whether alcohol played a role in the incident, she added.

No one has been arrested, and the investigation is ongoing.

PHYLICIA TORREVILLAS

Online retailer logged on for Cyber Monday

An online-based Vancouver company is all geared up for Cyber Monday.

Braden Hoeppner with Clearly Contacts said they're expecting sales about four times the sales on an average Monday.

It's one of their biggest sales days of the year, he added, and they've been busy getting ready for Canadians looking for good online deals.

"We've put extra people in the call centre to make sure we're staffed fully," he said. "Our IT department has been working on beefing up servers to make sure that we can hold (customer) traffic."

He said Canadians choose to shop online because people don't want to make a trip to the U.S. or they actually have a desire to spend money in Canada.

He also urged buyers to do a quick search online or make sure they're familiar with a website before making any purchases.

PHYLICIA TORREVILLAS

News in brief

New women's shelter in DTES

A new, temporary 26-bed women's shelter opens today in the Downtown Eastside. The shelter, operated by St. James Community Services, will be open 24-7 and provide meals and support services.

DAVID PROCTOR

New Transit Police chief

Twenty-five-year Edmonton Police Service veteran Neil Dubord has been appointed chief officer of TransLink's Transit Police. Dubord, who has a long list of awards, will head Canada's first and only fully sworn transit police service.

DAVID PROCTOR

Memorial held for Randy Ponzio

A memorial was held for 35-year-old Vancouver musician Randy Ponzio this past Saturday. Ponzio's body was found in a Downtown Eastside hotel on Nov. 19, two days after his friends launched a search for him.

DAVID PROCTOR

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Signed by Dr. Nowell Solish
on May 16, 2011

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Ceremony criticized

Swearing-in of council will be at an off-site location this year

KENDRA WONG
VANCOUVER@METRONEWS.CA

Re-elected Vision Vancouver Mayor Gregor Robertson is already in hot water over an expensive swearing-in ceremony for the city's 10 new councillors that NPA councillor George Affleck is calling "frivolous" and "unnecessary."

The ceremony, normally held at city hall, will take place at an off-site location this year, "resulting in (a) significant additional expense to Vancouver's taxpayers," said Affleck in a press release.

The newly elected councillor is calling on Robertson to reconsider holding the ceremony at city hall. "We don't need an extravagant ceremony, especially when most of the Vision councillors were incumbents and have already had a swearing-in for their family and friends to attend," he asserted.

The ceremony will take place on Dec. 5 at an undisclosed location.

Seven out of 10 city councillors are from Robertson's Vision party.

FACEBOOK.COM

▶ Coun. George Affleck

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▶ Cyclist Arvid Loewen on his ride across Canada

RECORD-SETTING RIDE

After 13 days, six hours and 13 minutes, Arvid Loewen, 55, set the Guinness World Record for the fastest cycling trip from Vancouver to Halifax. Loewen talks with Metro about the 6,040-kilometre journey across Canada. He raised $500,000 for the Mully Children's Family, a centre for street kids in Kenya.

What was the hardest part of the journey?
I was the only person riding, so it was hard to stay motivated. There was also a significant amount of fluid buildup in my legs. I had to wear compression socks to control the swelling, but it made cycling very difficult. My attitude began to suffer and I started to second-guess what I was doing — I kept thinking this isn't my fight, these aren't my children, why am I doing this?

Did you ever feel like you wanted to give up?
There was a point when I wanted to stop, I had to take a 17-hour rest in Ontario. Since I lost that time, also had to cut my sleeping hours — at first I was sleeping 124 minutes every 24 hours, but then I had to cut it to 90 minutes every 24 hours. I went the last 40 hours without sleep.

What was the most memorable part of the journey?
I had the opportunity to meet Charles Mulli, the founder of Mully Children's Family, who was abandoned as a child.... That was a very emotional moment for me — I've committed my life to being an ambassador for street kids. It was an emotional moment for both of us.

KENDRA WONG

Woman dead after hit-and-run

An elderly woman is dead after a hit-and-run in Surrey Saturday night, and the driver is in police custody with the help of a witness.

Police said the woman was struck just after 9 p.m. at the intersection of 152nd Street and 105th Avenue. The driver took off, but a witness followed the fleeing vehicle to Coquitlam and alerted police.

The driver was pulled over by the RCMP along Lobb Avenue, and a man was taken into custody.

The victim was transported to hospital and later died.

Police said the driver could be facing charges of hit-and-run causing death, and there could be other potential charges as the investigation unfolds.

PHYLICIA TORREVILLAS

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Study casts doubt on tougher sentences

More than half of convicted impaired drivers tend to reoffend despite severity of sentence, report finds

An internal report by the federal Justice Department raises doubts about the effectiveness of harsher sentences, the linchpin of the Tory government's tough-on-crime policies.

The study examined almost 3,300 people convicted of an impaired-driving offence, and found 57 per cent of them offended again at least once, within five years on average.

And the severity of the first sentence had no impact on the behaviour of repeat offenders.

"There was no evidence to suggest that the imposition of a fine or imprisonment had any effect on the likelihood of whether an offender would re-offend or not," the author concludes.

"This indicates that the severity of the sentence received did not deter offenders in this sample.

"Reconviction rates for all individuals were similar regardless of the sentence received for the initial impaired driving conviction."

The research was delivered in July this year, more than three years after the Conservative government passed a tough law that imposed harsher fines and jail sentences, including mandatory minimums, for impaired-driving convictions.

A spokeswoman for the department provided no details about why the research was ordered. But the review follows the passage in 2008 of an omnibus bill, the Tackling Violent Crime Act, which revamped penalties for drunk driving, among other tough-on-crime measures.

The minimum fine for a first impaired-driving offence was raised to $1,000 from $600, for example, and the minimum penalty for a second offence increased to 30 days in jail from 14.

The minimum for subsequent offences was hiked to 120 days from 90 days. And for summary convictions, with no jury trial, the maximum jail time shot to 18 months from six.

Recidivism report

- The Canadian Press obtained a copy of the study, Recidivism Among Impaired Drivers by Andre Solecki, under the Access to Information Act. The research covers the period from 1977 to 2006.
- The study is among dozens of internal reports on the justice system prepared each year by department researchers but never published or made public.

Conservative crime policies have come under fire from critics who claim the government ignores evidence-based research to seek political gain among Canadians who lack faith in the justice system.

A spokesman for Mothers Against Drunk Driving said the study's findings about the large number of reoffending drivers is at odds with other research, which suggests only about 30 per cent are convicted again.

THE CANADIAN PRESS

THE CANADIAN PRESS FILE

▶ RCMP constable Faz Majid removes an open bottle of beer from a motorist's car during a roadside check in Surrey, B.C.

Prince William joins rescue of cargo ship

Prince William joined a frantic search-and-rescue mission yesterday after a cargo ship sank in the Irish Sea, leaving several members of the Russian crew missing.

The second in line to the British throne, who is a Royal Air Force helicopter and known professionally as Flight Lt. William Wales, was aboard an aircraft which rescued two crew members early yesterday, after their vessel's hull cracked in gale-force winds off the coast of north Wales.

Britain's defence ministry said William had been co-pilot of the helicopter, which carried two people back to his base RAF Valley, on the Welsh island of Anglesey.

Authorities said five people remain missing after the Cook Islands-registered Swanland cargo ship, which had eight people on board and was carrying thousands of tonnes of limestone, sent a mayday call.

PAUL CHIASSON/THE CANADIAN PRESS

▶ Prince William at a training exercise in Prince Edward Island in July.

Holyhead Coastguard said one body had been recovered from the sea, but that the fate of the other crew members was not yet known.

"We know that at least some of them are wearing immersion suits and have strobe lighting with them; however sea conditions are challenging at best," said Jim Green, a coast guard spokesman.

Rescue helicopters from RAF Valley and from Dublin coast guard base in Ireland were initially sent to the scene, about 32 kilometres northwest of the Llyn peninsula in north Wales.

Helicopters from RAF Chivenor, in southwest England, and the Irish Coast Guard are continuing to search for the missing crew, along with boats from the Royal National Lifeboat Institution.

"Two RNLI lifeboats, along with four search-and-rescue helicopters and two other commercial boats, are searching for the remaining six crew," the RNLI said in a statement.

THE ASSOCIATED PRESS

Stormy seas

- Gale force winds battered the Irish Sea yesterday and the coast guard said it is believed the poor conditions could have caused the incident.

Inmate slams governor for halting execution

A condemned inmate who was scheduled to be executed next month is slamming Oregon Gov. John Kitzhaber for giving him a reprieve, saying the governor didn't have the guts to carry out the execution.

Two-time murderer Gary Haugen had voluntarily given up his legal challenges, saying he wanted to be executed.

THE ASSOCIATED PRESS

Mexican zombie walk aims for record

Almost 10,000 people dressed in rags gathered in Mexico's capital for a Zombie Walk that organizers hoped would set a world record. THE ASSOCIATED PRESS

MARCO UGARTE/THE ASSOCIATED PRESS

Body identified as man who answered online ad

A body found in a shallow grave in northeast Ohio was identified Saturday as that of a missing man whose father said answered a Craigslist ad similar to one police say was used in a deadly robbery scheme.

The Summit County Medical Examiner's Office identified the man as Timothy Kern, 47, of Massillon.

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Egypt 'at a crossroads'

Military ruler issues warning on eve of vote Governing council has come under intense criticism since taking over from Mubarak in February

On the eve of landmark elections, Egypt's military ruler warned yesterday of "extremely grave" consequences if the turbulent nation does not pull through its current crisis — an attempt to rally the public behind his council of generals in the face of pressure from protesters to step down immediately.

Field Marshal Hussein Tantawi urged voters to turn out for the start of parliamentary elections today despite the chaos in the streets after nine days of protests and clashes that some have dubbed a "second revolution." The vote is the first since Hosni Mubarak was ousted in February in a popular uprising.

Tantawi claimed "foreign hands" were behind the latest wave of unrest. His assertions were similar to those made by Mubarak before he was ousted. Tantawi was Mubarak's defence minister for 20 years.

"We will not allow troublemakers to meddle in the elections," he said in comments carried by the nation's official news agency. "Egypt is at a crossroads — either we succeed politically, economically and socially or the consequences will be extremely grave and we will not allow that."

THE ASSOCIATED PRESS

AMR NABIL/THE ASSOCIATED PRESS

▶ Parliamentary candidate Baheya Mohammed wears a niqab, an Islamic face veil, as she talks to voters in Cairo yesterday.

Election woes

The political crisis casts doubt on the legitimacy of the vote and could render the parliament that emerges irrelevant.

- The Muslim Brotherhood, the largest and best organized political group in Egypt, is expected to dominate the elections along with its Islamist allies.
- However, the military has said the next parliament will have limited powers, and suggested that it will retain the right to appoint and dismiss the cabinet.
- The issue promises to put the military and the Brotherhood on a collision course.

COURT ORDERS RELEASE

Students detained in Cairo back in the U.S.

An American student arrested during protests in Cairo says he feared for his life after he was taken into custody by four or five people in plainclothes.

Nineteen-year-old Derrik Sweeney told The Associated Press in an interview yesterday via Skype that the evening of his arrest on Nov. 20 started peacefully in Tahrir Square, where protesters have been gathering for more than a week.

He says he and others later wandered through the streets to the Interior Ministry but fled when shots were fired.

He says four or five "plainclothes Egyptians" then offered to lead the students to safety. He says they followed but found themselves taken into custody, beaten and threatened with guns.

Sweeney and the other two students flew back to the U.S. on Saturday after a court ordered them released. THE ASSOCIATED PRESS

Manitoba girl, 4, stable after being shot

Police in Manitoba say a four-year-old girl has been shot, apparently after her five-year-old brother got hold of a firearm.

Police say the shooting occurred on Saturday in a home in the rural area of Whitewater, south of Brandon. They say the girl was transported to hospital in Winnipeg, where she is reported to be in stable condition.

Police investigators were at the scene of the shooting, but no further information was released at the time.

The shooting comes three weeks after a nine-year-old boy was accidentally shot and killed by his 14-year-old brother on the Sagkeeng First Nation in Manitoba.

THE CANADIAN PRESS

L.A. pepper spray suspect surrenders

A woman suspected of dousing Black Friday shoppers with pepper spray surrendered to authorities, but was released pending further investigation after she refused to discuss the incident, police said Saturday.

The woman, whose name was not released, is suspected of firing pepper spray into a crowd in order to clear a path to a crate of Xbox consoles that were being unwrapped late Thanksgiving night at a Walmart in the San Fernando Valley.

The suspect got away in the confusion, and it was not known if she bought one of the consoles. Ten people suffered minor injuries from the spray and 10 others sustained cuts and bruises in the ensuing chaos.

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AXEL HEIMKEN/DAPD/THE ASSOCIATED PRESS

▶ Environment activists, from left, Fritz Pothmer, Georg Janssen, Hanna Schwarz and Heiko Mueller-Ripke sit chained to a pyramid-shaped concrete structure on train tracks near Hitzacker, Germany, yesterday in protest of a nuclear-waste shipment. It took police several hours to unchain the protesters.

Protesters target tracks to stop nuclear waste

Nuclear energy unpopular in Germany since 1986 Chornobyl disaster Annual shipment controversial

German police cleared a sit-in of thousands of protesters attempting to block a shipment of nuclear waste and detained 1,300 people yesterday, officials said.

Hundreds of officers started evicting protesters from the rail lines near Dannenberg, police spokesman Stefan Kuehm-Stoltz said. Those who refused to leave were detained and are being brought before judges.

Police put the number of protesters at 3,500 while protest organizers said 5,000 people had occupied the tracks that will be used to transport 11 containers of nuclear waste reprocessed in France and now on its way to a storage site near the northern town of Gorleben. Activists say the containers and the temporary storage facility are unsafe.

150 Activists say some 150 people were injured as police used tear gas and batons during some protests over the weekend.

Police also clashed with two groups of protesters that hurled stones and fireworks at officers. Several officers were injured and at least 10 people detained.

The train carrying the shipment entered Germany on Friday after delays in France, where activists damaged railway tracks. The shipment was expected to reach its destination late yesterday or early today. Some 20,000 German police officers are on hand to secure the cargo.

Germany has not yet decided where nuclear waste, which remains radioactive for thousands of years, should be stored permanently. THE ASSOCIATED PRESS

DNA barcoding catches food fraudsters, IDs ancient animals

IBOL/THE CANADIAN PRESS

▶ An orange clownfish in an anemone.

Scientists have discovered a range of new uses for a Canadian technology that can be used to peer into 30,000-year-old permafrost, detect phoney herbal medicines and catch invasive species before they sneak across borders.

Researchers from around the world are "fingerprinting" most of the planet's species by taking samples of their DNA and cataloguing them in a reference library. The DNA creates a so-called barcode that identifies real ingredients in food, quickly analyzes water quality and reveals how the environment has changed over millenia.

Bob Hanner, a professor at the University of Guelph where the technique was developed in 2003, said barcoding gives governments, businesses and people a reliable way of knowing what they're eating, importing and buying.

"We have a very powerful tool to identify species in processed products that you wouldn't normally be able to identify using traditional morphological techniques," he said. "It's a very exciting time."

Researchers are steadily building the library of barcodes by taking short gene sequences from samples of birds, fish, mammals, insects and other life forms at herbaria, museums and other facilities. In 2005, there were 33,000 records covering 12,700 species in the Barcode of Life Data Systems at the University of Guelph. Now there are almost 1.4 million records banked, representing roughly 167,000 known and provisional species. THE CANADIAN PRESS

Put to use ...

- The U.S. Food and Drug Administration uses the tool to identify mislabelled cheap fish being sold at American restaurants.
- The Canadian Food Inspection Agency uses to identify seafood, pest insects and pathogenic fungi.
- Environment Canada uses it to measure species diversity in watersheds and identify materials they've confiscated.

Blogger leaks testimony in UK hacking inquiry

Britain's inquiry into media ethics says it has summoned a political blogger to testify after evidence due to be submitted by Tony Blair's ex-communications chief was leaked.

The inquiry, led by senior judge Brian Leveson, said Sunday it would call Paul Staines, who blogs under the name Guido Fawkes. His blog yesterday published a 16-page document that Blair's former press chief Alistair Campbell was due to submit as evidence ahead of a hearing on Wednesday.

Campbell wrote on his Twitter page that he had been "genuinely shocked" that his testimony leaked.

In the document, he discusses fears that the cellphones of Blair's wife Cherie, or one of her friends, may have been hacked, acknowledging he does not have evidence to support that fear. THE ASSOCIATED PRESS

Former roommates now the yin and yang of Greece

In an old black-and-white photograph, one wore long hair and a rakish moustache, the other thick-rimmed glasses.

Children of pedigree, they shared a dorm at an American university. Forty years later, as political rivals at the height of the Greek crisis, George Papandreou — until recently prime minister — and Antonis Samaras symbolize the split personality of a nation with roots in left and right, chaos and greatness.

The sparring between the leaders of Greece's two main political parties is over for now. But the forces they represent will clash in elections as early as February, shaping the next chapter of a society on Europe's edge whose strife has an outsized impact on continental union, as well as the global economy.

The left-leaning Papandreou and the conservative Samaras are the yin and yang of modern Greece, heirs to historical divisions and symbols of interlocking currents of reform and tradition.

"Let's face it, power is a delirium. It's something that can make you turn on your friends," said Philip Tsiaras, who knew both men in college.

PETROS GIANNAKOURIS/THE ASSOCIATED PRESS FILE

▶ Greece's former prime minister George Papandreou, left, speaks next to conservative opposition leader Antonis Samara after their meeting in Athens on Oct. 18.

ALEXANDRER TSIARAS/THE ASSOCIATED PRESS

▶ Papandreou, front left, Tsiaras, front right, Samara, right, and Stefanos Emmanouilides back left, in 1973.

Bickering in the Greek parliament has vexed international lenders who want unity of purpose from Greece where many chafe at foreign directives and doubt the benefits of harsh bailout terms.

The coalition government, a compromise reached by the two men, must present a compelling "narrative" that convinces Greeks that their leaders are acting in their best interests, not those of their power blocs, said Louka Katseli, a former Cabinet minister in Papandreou's government. "The simplistic view that a coalition government will solve everything is an illusion," Katseli said.

THE ASSOCIATED PRESS

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SEAN LEDWICH/FOR METRO

▶ Jeffrey Kohut stacks charred boards that made up the floor of his now-destroyed tent.

Occupy Winnipeg fires deliberate: Witnesses

Occupier says woman previously threatened to burn down the camp Police investigating possible arson

SEAN LEDWICH
CALGARY@METRONEWS.CA
METRO CANADA IN WINNIPEG

The Occupy Winnipeg camp at Memorial Park has seen two suspicious fires in as many days, and occupiers say both fires were deliberately set by a woman known to them and police.

The first fire was discovered burning under a large white festival tent on Wednesday night.

Police attended the camp shortly after, responding to a call about "an intoxicated female threatening to assault people," said WPS spokesperson Natalie Aitkin. The woman was not located and there is no mention of a fire on the police report, Aitkin said.

At 5:30 a.m. Friday, firefighters responded to another fire at the camp, which destroyed a three-man dome tent.

Occupier Robert Gaumond said flames were 10 feet high when he saw the fire. He cut open the back of the tent to confirm it was empty. The same woman who was making threats on Wednesday was at the scene, Gaumond said, acting "irrational and combative," and an open kerosene can was nearby.

"She's threatened to burn this place down many times before. She's well known to the police, but I don't know her last name," said Gaumond, who said other occupiers told him they witnessed the woman starting Wednesday's fire.

Police say the arson unit is investigating Friday morning's fire.

Reptiles revealed as Thailand floods recede

SAKCHAI LALIT/THE ASSOCIATED PRESS

▶ Residents pull boats through a flooded street near Bangkok on Saturday.

Murky floodwaters are receding from Bangkok's inundated outskirts to reveal some scary swamp dwellers who moved in while flooded residents were moving out — including crocodiles and some of the world's most poisonous snakes.

Special teams from the Thai fisheries department have responded to numerous reports of reptilian menaces, like the three-foot-long croc that Anchalee Wannawet saw sitting next to the outhouse one morning, its toothy jaw wide open.

"I ran away, and it ran into there," the 23-year-old said, pointing toward the reedy swamp behind the construction site where she works in Bangkok's northern Sai Mai district. "I haven't dared to go the bathroom since. I'm peeing in a can."

Thailand has long been a centre for the breeding and trafficking of exotic animals. Farmed both legally and illegally, crocodiles are popular because of the value they fetch for their meat, bones and especially their skins, used to make luxury bags and accessories. **THE ASSOCIATED PRESS**

40 missing in Indonesia bridge collapse

Police say rescuers are searching for about 40 missing people after a bridge collapsed in central Indonesia, sending vehicles crashing into a river below. At least four people are confirmed dead.

Officials say repairmen were tightening bolts Saturday on the bridge when a steel support cable snapped. **THE ASSOCIATED PRESS**

Kent to play hardball at climate talks

Environment Minister Peter Kent says he is prepared to play some hardball with developing and emerging countries at global climate talks that start in South Africa today.

Kent says all countries need to commit to a global pact to cut emissions, and be ready to prove their progress to the rest of the world. **THE CANADIAN PRESS**

PMO wants royal portrait returned

The prime minister called and he wants his picture of the Queen back.

That was the sum of a pointed note from Prime Minister Stephen Harper's officials to Foreign Affairs Minister John Baird's department after a portrait was borrowed for the visit of Prince William and Kate last June. **THE CANADIAN PRESS**

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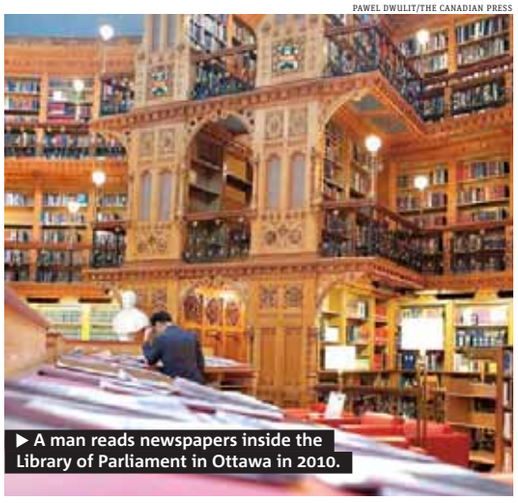

▶ A man reads newspapers inside the Library of Parliament in Ottawa in 2010.

Libraries flourish in ebook era

◗ Report says library usage is up across Canada ◗ Ebooks offer patrons benefits over traditional books ◗ But libraries threatened by budget cuts

Despite the rise of smart phones and ebook readers, many Canadian libraries are busier than ever. And the renaissance may be due in part to the very technology that was expected to threaten their existence.

Across the country, library usage is up 45 per cent over the past decade, from 16.6 to 24.1 transactions on average per capita, according to a recent report prepared by Lumos Research for the Canadian Urban Libraries Council.

Much of that growth has been driven by digital information.

The use of electronic databases more than doubled, and Internet visits to library websites and catalogues grew five-fold in that period, according to the report.

At many libraries, there are now ebooks and electronic audiobooks available for download to compatible e-readers, computers, MP3 players and smartphones, as well as music and movies.

The key to a library's success, said Guy Berthiaume, director of Montreal's Grande Bibliotheque, is to adapt with the times.

The library now has 200,000 ebook titles available with plans for more on the way.

The big bonus? They're automatically returned so there's no late fees. And the digital version of tomes like, say, War and Peace are a whole lot lighter. THE CANADIAN PRESS

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Church conflict locks out members

Issues over reverend's leadership leads to congregation being shut out of St. Giles' sanctuary

JESSICA SMITH
@METRONEWS.CA
METRO CANADA IN OTTAWA

On the first Sunday of Advent, the small Ottawa congregation of St. Giles Presbyterian Church worshipped in the basement, locked out of the sanctuary by the presbytery.

"It doesn't matter where we worship, as long we worship as a community," Rev. Wayne Menard said after the service yesterday.

A group of church members signed a petition objecting to Menard's leadership and asking for his removal. As a result, the presbytery locked the doors of the sanctuary until the congregation "repents," Menard confirmed.

"The whole thing is a mess, and I don't understand why."
MURDO MURCHISON, CHURCHGOER

According to Menard, the problem is more nuanced and complex than reported in local media. He said that out of concern for the congregation, he doesn't want to speak about what led to the basement service.

People from other churches came to the service yesterday to show support for the congregation. The roughly 40 people at the service yesterday was a good turnout, Menard said.

Churchgoers who spoke after the service said they were concerned the rift would impact the future of the church.

"I think there's a real risk that people will go to other churches," said Claudia Chowaniec, as she left the church. "I think we're a family. I think we've all made mistakes."

Murdo Murchison said he was worried that the problems would harm attendance at the church, but added that having to worship in the basement didn't bother him.

"What troubles me is the closing of the church and the indefinite reasons," he said. The issues leading to the lockout have not been explained well enough, he said.

Calgary. Windstorm

▶ Debris litters the ground in downtown Calgary yesterday.

JEREMY NOLAIS/METRO

Blowing through town

Winds nearing 150 km/h tore pieces of glass and other materials off the TD Square building in Calgary yesterday. Debris rained down from as high as 40 storeys.

Teens arrested for dousing girl with gas

Three adolescents in Saguenay, Que., have been arrested after a 12-year-old girl was doused with gasoline.

Police say that it appears one of them poured gasoline on her while the others held matches and a flaming sheet of paper.

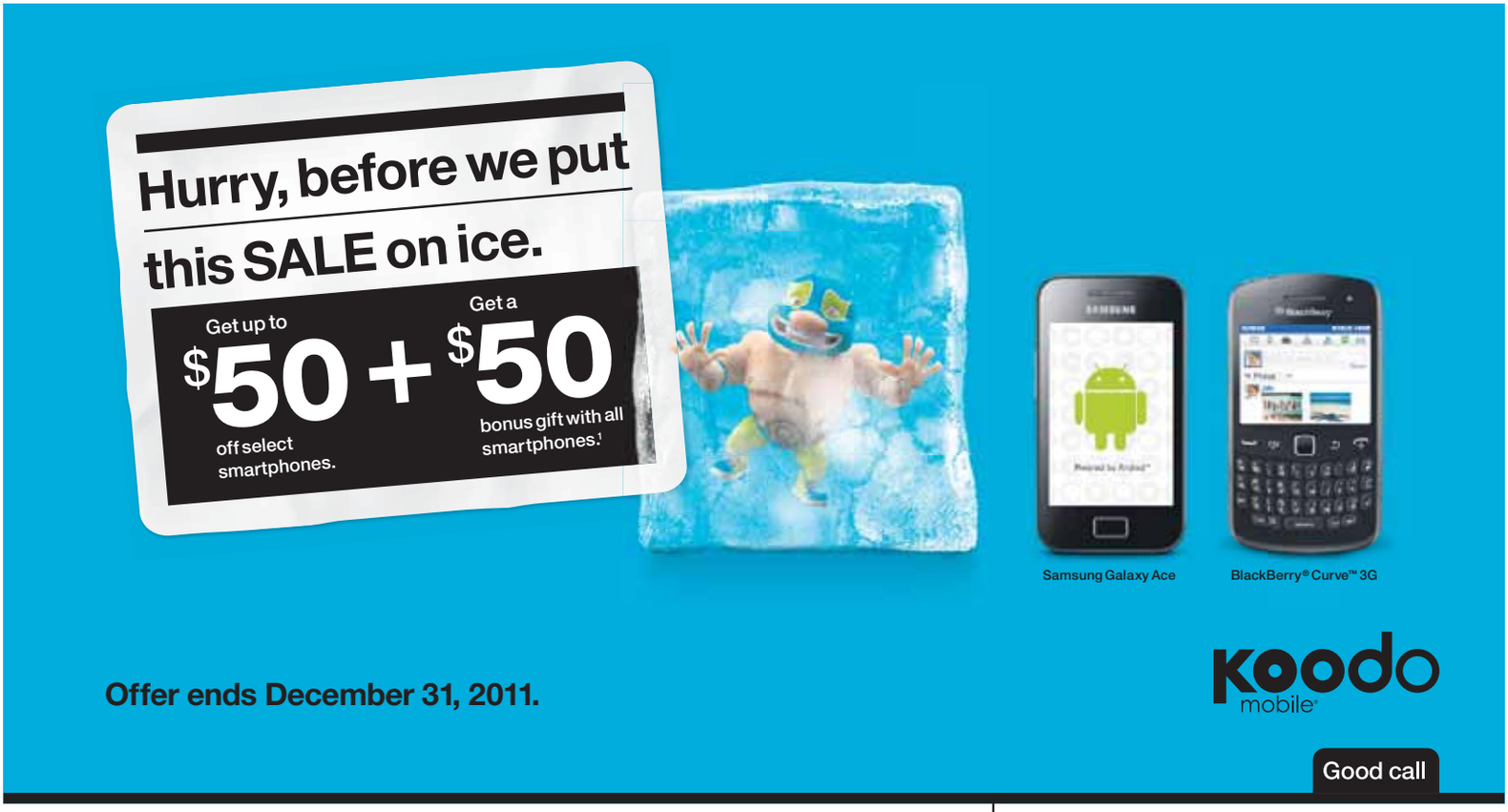
Investigators say the youths had filled beer bottles with gasoline and were waiting for the girl and her friend at one of their homes on Friday evening.

The girl managed to escape and a parent later alerted police.

The three accused were briefly arrested and then released on a promise to appear in youth court in January.

Police say all those involved knew each other.

THE CANADIAN PRESS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News in brief

Eurozone needs 'overhaul': Minister

DEBT. An "overhaul" of European treaties is needed to help restore market confidence in the eurozone's ability to reduce high state debt and deficits, the French budget minister said yesterday.

Valerie Pecresse said a new governance pact among eurozone members could include "real regulators, real sanctions" to help restore confidence in the currency union.

Speaking on Canal Plus TV, she said the eurozone's biggest economies — France, Germany and Italy — want to be the "motor" of a more integrated Europe. Pecresse said each country must rid itself of the debt and deficit problems that are behind the continent's deepening debt crisis.

THE ASSOCIATED PRESS

Iraq signs gas deal with Royal Dutch Shell

DEAL. Iraq yesterday signed a multibillion-dollar deal with Royal Dutch Shell PLC and Japan's Mitsubishi Corp. to tap natural gas in the south, one of the biggest agreements by the OPEC member to develop an energy sector battered by years of neglect and war.

The $17 billion deal forms a joint venture to gather, process and market gas from three oil fields in the oil-rich province of Basra. That gas, pumped in conjunction with crude oil, is currently burned off - or flared - due to lack of infrastructure.

THE ASSOCIATED PRESS

Manufacturing tariffs slashed

- Part of a grand plan to foster job growth: Flaherty
- 70 different products will soon be tariff free

CHRIS YOUNG/THE CANADIAN PRESS

▶ Finance Minister Jim Flaherty addresses the Canadian Club of Toronto as he delivers a sobering economic forecast in Toronto on Friday.

Finance Minister Jim Flaherty is eliminating $32 million in annual tariffs on some of the goods used in Canadian manufacturing.

The move means Canadian manufacturers will no longer have to pay customs duties to import key inputs used in food processing, furniture and transportation equipment.

Flaherty says yesterday's announcement is just the latest step in the government's 2010 commitment to make Canada a tariff-free zone for industrial manufacturers. "By lowering costs for these businesses, we are enhancing their ability to compete in domestic and foreign markets and helping them invest and create jobs here at home," he said in a press release.

The list of products soon to be tariff-free include apple juice concentrate, hardware for furniture, parts used to make trailers and transport equipment, gelatin capsules for pharmaceuticals, and conveyor belts.

Since 2009, the government says it has eliminated tariffs on 1,800 products, saving business $435 million a year. THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. FRIDAY

TSX	Dollar
- 23.26 (11,462.06)	- 0.23¢ (95.29¢ US)

Oil	Natural gas	Gold
+ 60¢ US ($96.77 US)	$3.542 (+ 8.2¢)	$1,685.70 (- 10.20¢)

U.K. buddies up with Canada on oilsands: Guardian

A British media report says the U.K. government has been giving secret support at the very highest levels to Ottawa's campaign against European penalties on its oilsands fuel, prompting environmentalists to call Britain Canada's "partner in crime." The Guardian newspaper says energy giants Shell and BP, which both have major oilsands projects in Alberta, have been lobbying the government of Prime Minister David Cameron to back Canada's fight against the European proposal. According to documents released under freedom of information laws, at least 15 high-level meetings and frequent communications have taken place since September between Ottawa and London. The European proposal is to designate transport fuel from tar sands as resulting in 22 per cent more greenhouse gas emissions than that from conventional fuels. THE CANADIAN PRESS

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FORMER MAYORS PLAY ROPE-A-DOPE WITH HARPER

URBAN COMPASS

PAUL SULLIVAN
METRO VANCOUVER

The ex-mayors of Vancouver have come together to take us higher.

Four of the last six: Larry Campbell, Sam Sullivan, Philip Owen and Mike Harcourt, are circulating a letter endorsing the legalization of marijuana, while current mayor Gregor Robertson has chirped up with a supporting tweet.

No word from former mayor Gordon Campbell, but as he already has a DUI on his record, he'll probably keep a low profile on this one.

Prime Minister Stephen Harper has been quick to try and kill the buzz. Won't happen on my watch, he said Friday, so it's not time to fire up that celebratory spliff just yet. But when such an august assemblage gets the stone rolling, how long will it be before the estimated $7-billion B.C. bud industry goes legit along with other previously prohibited vices such as alcohol, gambling and pornography?

"You should be able to cultivate your own little patch of nirvana without going to jail for six months."

Not to mention tobacco, which despite costing the health-care system approximately $16 billion a year in direct and indirect costs, continues to be available at pharmacies?

None of this bothers the nation's foremost hypocrite, who allowed the U.S. to kidnap pot advocate Marc Emery to rot in a federal pen, no doubt while enjoying a fine vintage intoxicant.

Of course, I never inhaled, but more than six million Canadians use marijuana. In fact, we smoke four times as much dope as the world average, ranking fifth behind such clear-headed jurisdictions as Ghana, Zambia, Papua New Guinea and Micronesia.

So while that genie may be a hallucination, it's not going back into the bottle. Or the hookah.

What possible point could there be in turning 16.8 per cent of the population into criminals? Make no mistake, the Harper government is uncompromising on this front. When the omnibus crime bill passes into law, you will face a six-month mandatory sentence for growing six marijuana plants, and any dope-related violation will result in a police record — even if you're not charged!

So raise a bong to Larry, Mike, Sam, Philip and Gregor. If you can gamble, smoke, drink and swear, you should be able to cultivate your own little patch of nirvana without going to jail for six months.

Of course, we have to make sure no one operates heavy equipment (such as a 747) while under the influence, and it should be just as hard to buy B.C. bud as it is to buy Players Plain or Smirnoff Ice. Which is not very.

The bottom line is simple: Prohibition doesn't work. Dude.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Will you miss Italy's resigned leader Silvio Berlusconi?

78% NO, HIS BUNGA BUNGA STYLE DOESN'T INTEREST ME

22% YES, HE MADE POLITICS SEXY

Local tweets

- **@JRunn-14:** Grey Cup champs.... wooooohoooo feels good @BCLions
- **@JordanO81:** Heck of a game. Heck of a season. Heck of a team. #BCLions #99GC #CFL
- **@randy_lowe:** #swaggerville what?!? Not in our house!! #ithinknot #bclions #bombed #99GC
- **@MarloBoux:** I'm disappointed, but really proud of the @Wpg_BlueBombers strong finish today. Would have been nice to see in the 3rd Q, though. #99GC
- **@neelmalik:** Turning point of this season? I'd say when Wally signed Arland Bruce. Congrats Lions! #99gc
- **@BlueJayGal:** I can't decide which halftime show was worse: BEP in 2005, or Nickelback this year. #99GC
- **@ClassicRock101:** That wasn't so bad, #nickelback played the half-time show and there wasn't a riot inside BC place #99gc
- **@JamesMoore_org:** Nickelback @ Grey Cup — v.solid. Bashing them is cliche & overdone.
- **@charrocco:** I can't believe Nickelback is playing Burn it to the Ground. In Vancouver #GC99 #noriotplease

Daily Zoom

Water — a young planet's lifebuoy

200 times the distance from Earth to sun — this is how far these icy vapour disks stretch out. Water can play a key part in forming new worlds since ice condenses with other materials to form the cores of gaseous planets.

TIM PYLE/SPITZER SCIENCE CENTER/CALTECH

Halo of water, celestial sight

CONSTELLATION H2O. This ring of water vapour, enough to fill several thousand Earth oceans, has given U.S. experts a clue to the origins of our planet's seas. The water around the star TW Hydrae could form into icy comets and eventually collide with young planets, bringing with it the ingredients for life. MWN

"This research tells us that the key materials that life needs are present in a system before planets are born. We can directly detect this."

PROF. TED BERGIN, UNIVERSITY OF MICHIGAN, LEAD AUTHOR OF STUDY

Is our neighbour copying us?

EVOLUTION. The TW Hydrae star, in the constellation of Hyda, is 10 million years old and our closest solar-system-to-be neighbour, being "only" 175 light years from Earth. Many young star systems could have similar disks and, therefore, the potential to develop watery planets and thus be able to host alien life. MWN

How it might work

- **Collision and formation.** Over several million years, disks could collide and form planets and cosmic bodies.
- **Balls of ice.** Dust and ice particles could merge to create icy comets.
- **Creation of new oceans.** Comets could crash onto planets to form vast seas.

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Metal's distorted roots

Documentary connects Elvis to Metallica ... to Nickelback? Premiered Friday on MuchMore

NOUSHA SALIMI/THE CANADIAN PRESS

▶ Metallica's singer James Hetfield performs on Yas Island, Abu Dhabi, United Arab Emirates last month.

The target audience for the 11-part documentary series Metal Evolution is a pretty specific head-banging demographic that's already familiar with the history of the heavy genre from AC/DC to Metallica and Zakk Wylde.

And yet the Canadian-made show has landed screen time on MuchMore, which has the likes of Katy Perry, Bruno Mars, Beyonce and Britney Spears topping its current chart of videos.

Show co-creators Sam Dunn and Scot McFadyen say it was a lot easier to sell this series (which first began airing in the U.S. on VH1 Classic) than it was to get buyers' attention with their first big project, the documentary Metal: A Headbanger's Journey.

Dunn and McFadyen say they've proven there's a sizable audience for serious programming about heavy metal and how it's affected and been affected by other music genres.

"When we told people we wanted to make a serious film about heavy metal (seven years ago) we got laughed out of a lot of boardrooms, people didn't really think it was something that could be done and actually could engage an audience," Dunn says.

"Nickelback is a band people like to bash but they are great performers and they do kind of come out of that grunge influence and build on it"

SCOT MCFADYEN, CO-CREATOR OF METAL EVOLUTION

"VH1 Classic has been really supportive of our work in the U.S. and I think they recognized that provided you can kind of tie in a lot of the classic bands, like Kiss and Aerosmith and Van Halen, and touch on some of the more recent bands, they recognize there's an audience out there."

The idea for the show, co-produced by MuchMore and VH1 Classic, was based on the reaction to a family tree of heavy metal that the filmmaking duo presented in their first documentary, charting how the music of Elvis Presley, the Beatles and Jimi Hendrix connected to the various metal subgenres of today.

"There were a lot of people we were really excited to interview, some unlikely characters for a series about heavy metal," Dunn says, giving Dick Dale, the '60s-era King of the Surf Guitar, as a prime example.

Another somewhat unlikely connection to heavy metal — which the filmmakers are expecting may cause a bit of a kerfuffle with fans of the genre — is the much-maligned best-selling rockers Nickelback.

The band is profiled during an episode about the aftermath of the grunge movement in the '90s and how the likes of Nirvana, Alice in Chains, Pearl Jam and Soundgarden influenced hard rock.

"Grunge is a good example of those musical styles where half the people you ask will say it's totally metal and the other half will say it's got nothing to do with metal," says Dunn.

"That's really the question we ask in that episode, is grunge part of the story of metal?" If it is, it's hard to dispute Nickelback isn't part of the conversation, given that the band began dominating the radiowaves in the years after grunge's demise.

"This show is about the evolution of sound and who did those grunge bands influence? Really, the next generation are bands like Nickelback, Creed and Silverchair, all these bands that came up in the late '90s that had hallmarks of the grunge sound but were creating something a little more mainstream, a little more radio-friendly," says Dunn.

It was impossible to ignore Nickelback's impact on hard rock music, McFadyen says, even if metal fans think the band is the antithesis of what they're into.

THE ASSOCIATED PRESS

Top dancer to waltz into Pentagon

Defence Secretary Leon Panetta has invited soldier-turned-actor J.R. Martinez, who just won the most recent Dancing with the Stars competition, to the Pentagon for meeting.

A Pentagon spokesman says Panetta called Martinez on Friday and told the dancing champion that he demonstrated the strength and resilience of wounded veterans.

Capt. John Kirby says Martinez — who was crowned champion of the celebrity dance competition series last Tuesday along with his partner, Karina Smirnoff — credited his military training for his performance during the competition broadcast on ABC. Kirby says details about Panetta's meeting with Martinez are being worked out.

The 28-year-old Martinez was severely burned over more than 40 per cent of his body when the Humvee he was driving for the U.S. Army struck a land mine in 2003.

THE ASSOCIATED PRESS

ADAM TAYLOR/ABC-TV/THE ASSOCIATED PRESS

▶ War veteran and actor J.R. Martinez, right, and his partner Karina Smirnoff hold their Dancing with the Stars awards.

2 scene

Box office

The latest Twilight movie has plenty of daylight left with a second-straight win at the weekend box office. The Twilight Saga: Breaking Dawn – Part 1 took in $42 million domestically over the three-day weekend and $62.3 million in the five-day U.S. Thanksgiving boom time, Wednesday to yesterday.

THE ASSOCIATED PRESS

India hooked to Tamil song that's become an Internet sensation

Miley Cyrus: Party in the USA, indeed

- Singer's friends get her a Bob Marley-shaped cake for her 19th birthday
- A number of dwarfs, including a mini-Nicki Minaj, attend the party

ALL PHOTOS GETTY IMAGES

▶ Miley Cyrus

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA

It looks like Miley Cyrus has yet another alter-ego: Let's call this one Hannah Bong-tana, shall we?

When she was presented with a Bob Marley-shaped cake at her 19th birthday party at the Roosevelt Hotel in L.A. last week, Cyrus quipped, "You know you're a stoner when friends make you a Bob Marley cake — you know you smoke way too much f—in' weed." (The Daily has the video evidence.)

"I thought salvia was your problem, man?" retorted guest Kelly Osbourne.

The Daily also reports that guests on hand for the party included her parents, Rumer Willis, and "and a number of dwarfs, including a mini-Nicki Minaj."

I'd make a joke but 1. Osbourne already did it for me. 2. A mini-Nicki Minaj? I have much too much respect for how Cyrus throws a party to poke fun.

▶ Lily Allen and Sam Cooper

It's a girl for Lily Allen and Sam Cooper

Lily Allen and Sam Cooper welcomed their first child, a daughter, over the weekend, according to the Daily Mail.

While not quite an official birth announcement, Allen did reference the arrival on Twitter, posting simply, "Totes amaze."

It's a particularly special occasion for Allen and Cooper, as Allen has suffered miscarriages twice in the past three years.

There was no announcement yet about the baby girl's name. METRO

Celebrity tweets

@BetteMidler
Is it my imagination, or is everyone talking much faster than they used to on CNN?

@russellcrowe
3 hour walk and talk with a great friend. Most of the world's problems solved. I hope you all have a spectacular day.

@goldiehawn
Don't forget to smile when you breathe. Makes all the difference

@AlbertBrooks
Working on "It's a Wonderful Tweet" A man is shown how the world would be different if he were never on Twitter.

J.Lo and beau hang in Hawaii

Jennifer Lopez opted to spend the American Thanksgiving holiday by escaping to Hawaii with Casper Smart, the 24-year-old dancer she's reportedly been dating, according to TMZ.

Smart also got the chance to meet several of Lopez's family members during the trip — and spend quality time with her three-year-old twins, Max and Emme.

"Casper was great with the kids. He was twirling them around and doing flips with Emme and she seemed very comfortable with him," a source says.

"Jennifer got a chance to sit back and relax while Casper took over and played." METRO

▶ Jennifer Lopez

Want to date Lady Gaga?

When it comes to finding a man, Lady Gaga is looking for an Ivy League education — among other things.

"Talent and perseverance and pushing the boundaries of love and acceptance," Gaga says of the attributes she appreciates in a prospective boyfriend, according to Hollyscoop.

"I don't know. I can't really say. It ranges from a really big [penis] to a degree at Harvard. Just about anything." METRO

Are toys good for kids?

The toy industry uses aggressive marketing to sell 'educational' toys to parents and children Will your kids learn anything from these gadgets? Or will a simple box do?

EMMA E. FOREST
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METRO WORLD NEWS IN LONDON

This time of year, parents spend billions on toys and toy companies spend millions advertising their latest toys and gadgets to kids. With toy manufacturers selling so-called "educational" toys — this year top sellers include junior tablets — what's really best for kids?

"The marketplace has been doing a marvellous job of telling parents that unless you buy the right toys for your children — that is to say, the toys they manufacture — they will be stunted intellectually. It leads parents to buy toys that really aren't ideal," says Dr. Roberta Golinkoff, psychology professor at the University of Delaware and author of A Mandate for Playful Learning in Preschool and Einstein Never Used Flash Cards.

"People in my job have done a lousy job of educating the public about what matters in child development. A lot of parents are buying, for example, expensive electronic toys that have really questionable benefits."

Research shows that kids learn from play, not toys. Parents should be wary of toys marketed as educational — in fact shockingly few toys of any type are developed in consultation with child psychologists.

"Everything is educational, but what are kids actually learning?" says Dr. Susan Linn, psychiatrist at Harvard Medical School and director of the Campaign for a Commercial-Free Childhood.

"Children learn the most from hands-on creative play and from interacting with adults who care about them, so parents should approach toys that claim to be educational with healthy cynicism," says the academic who led CCFC's victorious campaign against Baby Einstein's unsubstantiated claims that babies learn from its DVDs.

"They should ask themselves: Is this toy encouraging my child to be creative? Does it require my child to actively do things? Can it be used in more than one way? Toys that talk, sing or dance at the push of a button are pretty useless for kids."

"The kind of toys kids need are 90 per cent kid and 10 per cent toy, not where the toy determines what you do," says Golinkoff. "That's why children are more fascinated by the box the toy comes in than the toy, because the box has a million possibilities and the toy has one."

THINKSTOCK

▶ Kids learn most from — and love — toys that let them play properly.

"Toys kids need are 90 per cent kid and 10 per cent toy, not where the toy determines what you do."
DR. ROBERTA GOLINKOFF

Children learn most from toys that offer multiple possibilities and allow kids to express their creativity including art and craft projects, puzzles and games, dress-up outfits, role-play toys and building blocks. This holiday, place a large appliance box in the middle of your living room, suggests Golinkoff.

"Parents will be shocked by how much their children age seven or under will love that box because it frees up their imagination — it can be a boat, spaceship or house, and they can colour it, cut bits out, paste things on it. Kids love this.

"Parents feel like if they don't buy expensive toys with batteries that they're failing their children but it's the exact opposite. You want the kid to be in charge and not the toy."

3 life

Slow toys

This season UK toy wholesaler Asobi launched a 'Slow Toy' list of fun, interactive, battery-free toys in response to the UK Toy Retailers' Association's top 12 toys of 2011, which included the daft Doggie Doo: a plastic dog that poos.

New rules will make built-in child car seats conform to changed size limits. Scan code for story.

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Have some fun with tuna

Eating from a can is boring Making tacos is a simple, tasty solution

CLOVER LEAF

▶ This recipe serves two.

Try these easy tuna tacos for dinner or lunch. Having the flavour right in the tuna helps bring this meal together fast. Serve it up with a crunchy green salad to round out the meal.

Preparation:

1. Toast taco shells for 20 to 30 seconds in toaster oven or in a 180 C (350 F) oven for 1 minute.
2. In a small skillet, heat tuna over medium heat. Reduce heat to low and stir in half of the sour cream.
3. Divide some of the tuna mixture among each taco shell and top with lettuce, tomato and remaining sour cream. Garnish with lime wedges.

CLOVER LEAF/ THIS RECIPE WAS ADAPTED FOR METRO BY EMILY RICHARDS, A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA.

Ingredients:

- 4 taco shells
- 3 cans (85 g each) flaked light tuna (spicy thai chili)
- 60 mL (1/4 cup) sour cream
- 250 mL (1 cup) shredded iceberg lettuce
- 1 tomato, diced
- 2 lime wedges

Rose Reisman's Swap It

When things get busy for you, it can be quick and convenient to toss a Lunch Mate into your child's school bag. But beware, some Lunch Mates are healthier than others.

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390 CALORIES / 23 GRAMS OF FAT / 720 MG SODIUM

BOLOGNA, CHEESE AND A KIT KAT IS NOT CONSIDERED A HEALTHY SCHOOL LUNCH BY MOST PARENTS. THE BOLOGNA LUNCH MATE BRINGS MORE THAN ENOUGH CALORIES, FAT, AND SODIUM TO THE TABLE. IT IS EQUIVALENT TO 15 BAGEL BITES IN FAT

SWAP IT!

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IF YOUR CHILD MUST HAVE A LUNCH MATE, SWAP THE BOLOGNA FOR THE CHICKEN DUNKERS, A SOMEWHAT HEALTHIER CHOICE.

PAINTING A CLEAR PATH FOR RECYCLING

What's the best way to clean used paint brushes? And how do I get rid of old paint?
Sandy of Halifax, NS

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA

If you're using low- or no-VOC (volatile organic compound) paint, clean up is easy.

Latex paints are water based, so brushes come clean with a little eco-friendly dish soap and water.

Oil-based or alkyd options will require paint thinner.

If you're dealing with the latter, check hardware stores for less toxic thinners that contain citrus oil-based solvents.

If you're doing a multi-day job, don't wash your brushes or rollers at the end of each day.

Wrap them in a plastic bag. They'll be fine until the next day.

Stopping for longer than a day?

Store the sealed plastic bag in the freezer for a week or two.

Never dispose of half-used paint cans in your household garbage where they could end up contaminating soil and waterways.

Never dispose of half-used paint cans in your household garbage

Donate leftovers to a local paint exchange program.

Recovery depots across Canada take deck paint, primers, wood stains, oils and varnishes. Most, but not all, also accept empty paint cans.

Nova Scotians can return leftover paint to any of the province's ENVIRO-DEPOT facilities, for free. Check out ReduceYourWaste.ca/paint. Outside of Nova Scotia, see if your province belongs to ProductCare.org.

They list recyclers and disposal drop-off depots for household paint and small appliances, pesticides, CFLs and more.

Earth911.com also lists drop-off depots.

The next time you're paint shopping, ask the retailer if they take back old paints for recycling.

And check store shelves for recycled paint products. Boomerang, for example, reclaims leftover paint and re-blends.

David Suzuki Foundation

TERESA KRUZE

▶ Jeff Morrison is an artist, philanthropist, musician and spinal cord injury survivor.

Drawing inspiration

In the game of life, multi-talented artist Jeff Morrison holds all the cards

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

It was the last dive of the day, and as Jeff Morrison hit the water he crashed to the bottom of the pool striking his head.

He knew immediately that he couldn't move. He was a quadriplegic and Morrison's life would never be the same again.

After rehab, Morrison began working towards a business degree, but his heart wasn't in it. One day, he forced a Bic ball point pen into his hand and started to draw.

"That little drawing was my turning point and it ignited my life. I was still in my wheelchair but the possibilities of what I could do thrilled me."

Successful art shows around the world — including New York and Paris — followed and he developed a line of Christmas cards with the proceeds going to charity.

Now he's following another passion: music. He and partner Tim Hawkes recently recorded a CD and their new downloadable song, I Heard the Bells of Christmas, will help the Grandview Children's Center in Southern Ontario.

Jeff's optimism continues to shine through.

"Never give up. I've come this far and I'm not going to turn back now."

Giving back

- 200,000 Christmas cards over the past 16 years
- $100,000 for charity
- 10 designs, 12 charities
- Download I Heard the Bells of Christmas in aid of the Grandview Children's Centre.
- Visit veryspecialcards.com

Morrison moments

- We're stronger as a group than we are on our own. We have to help each other.
- Follow your dream. You may not make it to the top of the mountain but aim high and work hard.

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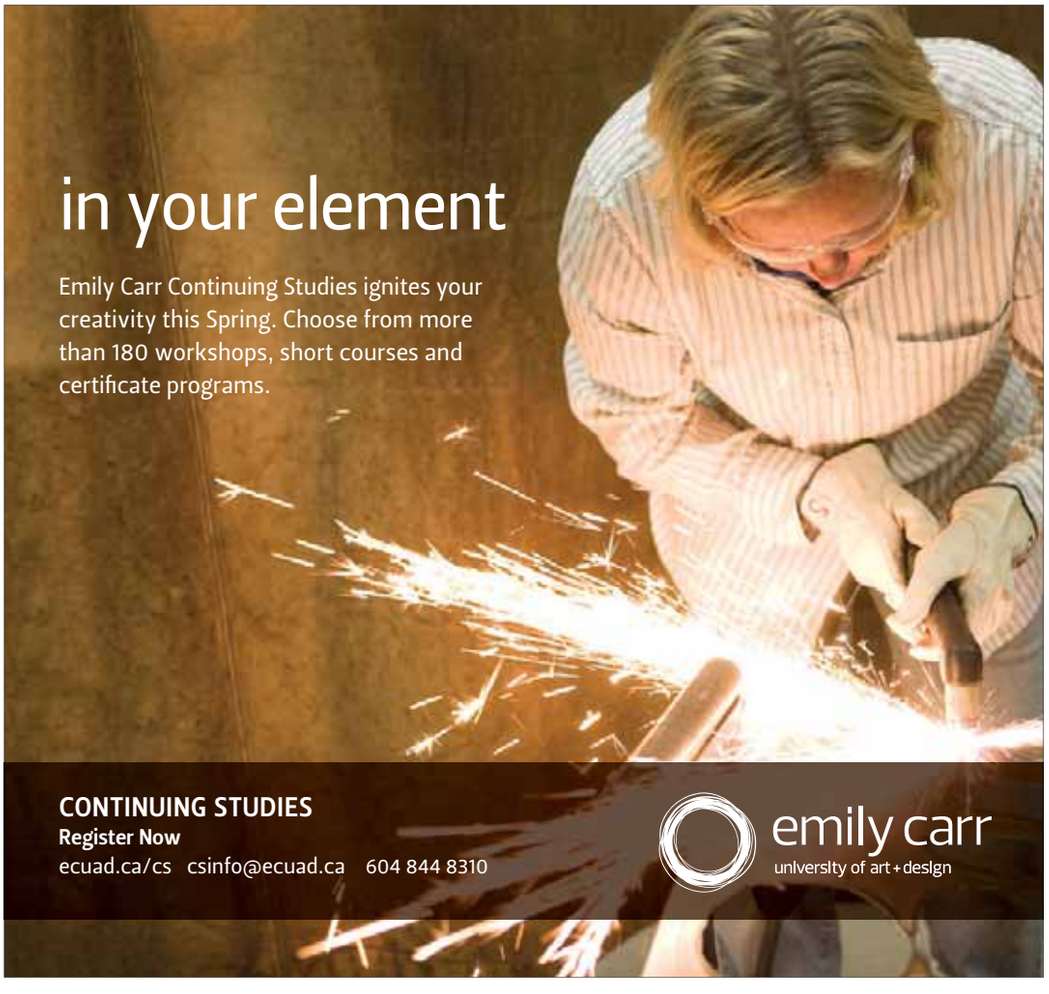
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A coffee pioneer espressos his concern

BOOK REVIEW

CRAIG LUND
LIFE@METRONEWS.CA

Greed has never served anyone well, and in the case of businesses it breeds overconfidence, entitlement and a sense of invincibility.

Case in point: Starbucks. In his book Onward, Starbuck's CEO Howard Schultz lays out the factors that led the company astray in the years 2000 to 2007.

Howard describes the damage as being "slow and quiet" and says, "Obsessed with growth, we took our eye off operations and became distracted from the core of the business". These errors in operation additionally came at the most imperfect of times as the company headed straight into a recession.

Having stepped down as CEO in 2000 to assume the role of Chairman, Schultz returned as CEO in January 2008. Onward is the story of what happened next.

Many people will recall the news in February 2008, when Starbucks made an unprecedented move to close all of their stores for one full day of training. An action that was unprecedented for any company.

Each of the 7,100 U.S. stores had a note on the door reading "We're taking time to perfect our espresso. Great espresso requires practice. That's why we're dedicating ourselves to honing our craft."

Espresso after all is what Schultz fell in love with when he started in the business.

"Pouring espresso is an art," he states. "One that requires the barista to care about the quality of the beverage."

Schultz passion for his business is clear, sometimes to a fault as many senior Starbucks partners can attest to when listening to Schultz speak from the heart.

This was especially upsetting as Schultz's criticism of his company having "lost its way" went against the figures.

Stock price, earnings, shareholder confidence and store openings were all positive. But Schultz was right, the company had lost its way, or more pertinently, its soul.

For many of us, myself included, Starbucks is a part of our daily lives.

Onward is Schultz's commitment to staying in our lives and continuing to be that special 'third place' away from home and work.

CRAIG LUND IS THE PRESIDENT OF MARKETING SERVICES FIRM MARKETING TALENT INC. AND CAN BE REACHED AT CLUND@MARKETINGTALENTINC.COM OR ON TWITTER @CRAIGLUND

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Program	Campus
Transportation Trades	
Tuesday, Nov. 29, 11 a.m. – lobby, building B	Broadway
Tuesday, Dec. 6 & 13, 11 a.m. – lobby, building B	Broadway
Interpreting	
Wednesday, Nov. 30, 6 p.m. – room 420	Downtown
TESOL Programs	
Tuesday, Dec. 6, noon – room 526	Downtown
English as a Second Language	
Wednesday, Dec. 7, 10 a.m. – room 5025	Broadway
Wednesday, Dec. 14, 6 p.m. – room 1227	Broadway
ASL & Deaf Studies	
Wednesday, Dec. 7, 6 p.m. – room 2555	Broadway
Hair Design & Esthetics	
Wednesday, Dec. 14, 4:30 p.m. – room 201	Downtown
Dental Technician	
Thursday, Dec. 15, 3 p.m. – room 332	Downtown

Downtown campus is located at 200-block Dunsmuir at Hamilton, two blocks west of Stadium SkyTrain station.

Broadway campus is located at 1155 East Broadway, one block west of Clark Drive and across from VCC/Clark SkyTrain station.

Visit **www.vcc.ca** or call **604.443.8453**.

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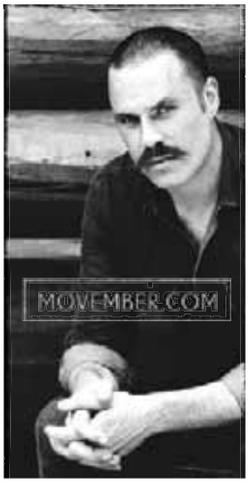


Lions' climb ends with cup

A laughingstock at 0-5 to start the season, B.C. finishes off 2011 with CFL championship

NATHAN DENETTE/THE CANADIAN PRESS

▶ Lions quarterback Travis Lulay scrambles during the second quarter of the 99th Grey Cup at B.C. Place Stadium last night.

They opened the season with a whimper, but Travis Lulay and the B.C. Lions ended it with a bang.

Grey Cup MVP Travis Lulay threw two second-half touchdown passes to lead B.C. to an exciting 34-23 Grey Cup win over the Winnipeg Blue Bombers last night. The victory, before an ear-splitting BC Place sellout of 54,313, capped a stunning turnaround for the Lions, who opened the season 0-5.

B.C. became the first team in CFL history to win the Grey Cup after losing its first five regular-season games. B.C. also became the first squad since the 1994 Lions to capture the league title at home.

The '72 Hamilton Tiger-Cats and '77 Montreal Alouettes are the other teams to accomplish that feat.

Lions tailback Andrew Harris, a Winnipeg native, was named the top Canadian. Harris scored the game's first touchdown, and was counted on to help eat the clock in the game's dying minutes.

34	23
LIONS	BOMBERS

"I'm just so happy that (Lions coach Wally Buono) has that faith in me, giving me the ball in crucial moments to get first downs," Harris said. "It's a great feeling when your coach has confidence in you and trusts you."

Lulay's 66-yard TD strike to Kierrie Johnson on the final play of the third quarter put B.C. ahead 24-9. It was the first touchdown catch of Johnson's career.

11

The loss was a bitter pill to swallow for defensive tackle Doug Brown, who was appearing in his final game after 11 seasons with the Bombers.

But the game's turning point came with 12:21 left to play.

Lulay tried to throw a screen pass inside the B.C. 30-yard line, but Winnipeg end Odell Willis got his hands on the ball and had a clear path to the end zone. Willis couldn't hang on, and the Lions dodged a huge bullet.

"I just didn't make the play, that's all," Willis said.

B.C. then marched downfield and capped an 82-yard drive at 8:10 of the fourth, as Lulay found Arland Bruce III on a six-yard TD strike to give B.C. a commanding 31-9 advantage.

"This is the best group I have ever played with. I know the '06 group was very good and the years before that was very good. The talent might not be as good as those past years, but this is a better team."
LIONS RECEIVER GEROY SIMON

Winnipeg made it interesting with two late Buck Pierce TD passes. He hit Greg Carr on a 45-yard touchdown strike at 11:22, then found Terrence Edwards on a 13-yard scoring pass with 1:37 remaining to make it 31-22. That TD was set up by Jovon Johnson's 47-yard punt return that was further aided by a B.C. facemask penalty called on B.C. kicker Paul McCallum.

Winnipeg's onside kickoff attempt didn't go the mandatory 10 yards, giving B.C. the ball with 1:36 remaining.

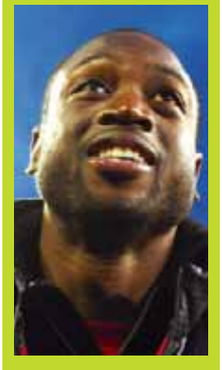
"We had too many two and outs and they had short field goals instead of long ones," Pierce said. "Our defence had to stay on the field too long."

Winnipeg's late rally came after a stellar performance by B.C.'s defence, which had effectively shut down the Bombers' ground game and forced the East Division champions to the air. That seemed to favour the Lions, considering the Bombers had the CFL's second-worst passing attack and had to play catch up against a B.C. defence that surrendered a league-low 21.4 points per game.

THE CANADIAN PRESS

4 sports

Quoted



"[redacted] that a tentative agreement has been reached and are looking forward to getting back to work and playing basketball."
DWYANE WADE.

WADE AND OTHER NBA STARS, INCLUDING LEBRON JAMES, HAVE CANCELLED THEIR HOMECOMING TOUR. THE FOUR-CITY TOUR WAS SUPPOSED TO OPEN IN JAMES' HOMETOWN OF AKRON, OHIO, ON DEC. 1, BUT THAT GAME AND THREE OTHERS HAVE BEEN SCRAPPED NOW THAT THE LEAGUE AND ITS PLAYERS HAVE A TENTATIVE LABOUR AGREEMENT.

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Twitter timeline

A selection of tweets showing fans' reactions to yesterday's game

3:32 P.M. @SARAH_MILLAR:
What, the officials don't get to run out on the field in a burst of fog? Whatever, Grey Cup, whatever.

Winnipeg kicks off

3:43 P.M. @MUNILOT:
44 yard kickoff return to start the Grey Cup. The NFL is missing kickoffs

3:57 P.M. @SIR_EARL:
I only watch the Grey Cup for the commercials. Looking forward to Canadian Tire and Tim Hortons. #GC99

8:27 first quarter: Andrew Harris runs in TD, 7-0 B.C.

4:19 P.M. @MACPHERSONGAZ:
A rouge. It's officially a Grey Cup game.

11:34 first quarter: Paul McCallum kicks field goal, 10-0 B.C.

4:38 P.M. @ KATHERINEMDOW:
Well the Bombers have been slow starters all season. Why change it up now? #99gc #gobombersgo

14:34 first quarter: Rouge for B.C., 11-0.

4:50 P.M. @SIMIANFARMER:
I hope the Bombers show up to the Grey Cup game soon. Maybe their bus is late and they'll make it for the second half.

10:28 second quarter: B.C. field goal, 14-0.

5:06 P.M. @GAMETIMEART:
Bombers could have used 7.. get 3... All things considered a nice end to a bad half of football for them. #CFL #GC99

12:24, 14:30 second quarter: Justin Palardy kicks two field goals for Winnipeg, 14-6.

5:14 P.M. @ALEXROBINSONTV:
The Grey Cup Half-Time show: Best viewed with mute on.

4:50 third quarter: Winnipeg field goal, 14-9.

5:35 P.M. @TENACIOUSTBEK:
My money is on Lui Passaglia to be a factor in this Grey Cup. Bet it. #lions

6:01 P.M. @TYLERJDYCK:
At this point, the BC Lions do not deserve to win the 99th Grey Cup. They're playing horribly out there.

12:16 third quarter: B.C. field goal, 17-9.

6:19 P.M. @WANYEGRETZ:
Part of me is waiting for Luongo to find a way to lose this for Vancouver #greycup

14:53 third quarter: Travis Lulay throws TD pass to Kierrie Johnson, 24-9.

6:21 P.M. @JNDYCK:
Weeping into my beer. Bombers! Don't give up!

6:33 P.M. @DAEGANF:
The Lions are Bruinsing the Bombers.

8:10 fourth quarter: Lulay to Arland Bruce, 31-9.

6:52 P.M. @HIPCHIC99:
Oh my goodness, we've got a game. TD #Bombers! #99GC

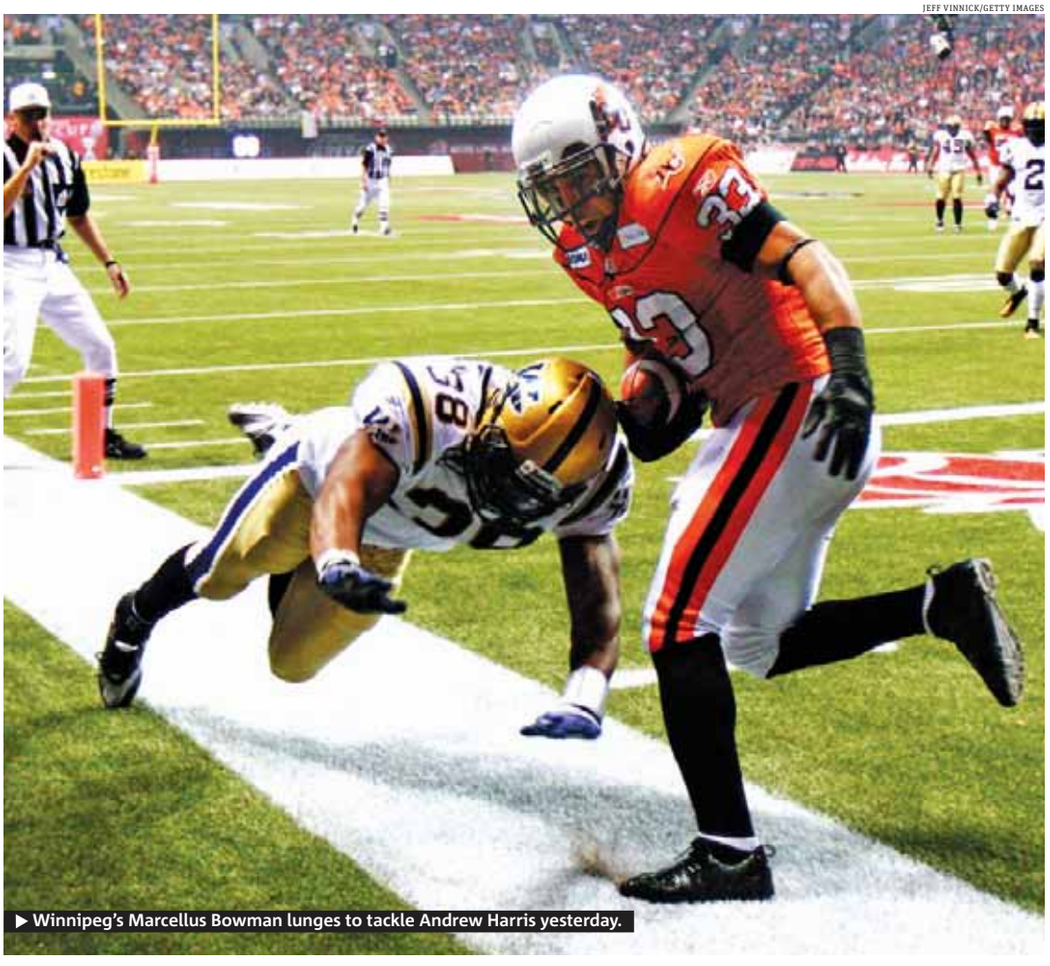
11:22 fourth quarter: Buck Pierce to Greg Carr, 31-16.

7:03 P.M. @MAYORGREGOR:
Signed Sealed Delivered - BC Lions are Grey Cup champs!

13:23: Pierce to Terrence Edwards, 31-23.

14:02: B.C. FG, 34-23.

JEFF VINNICK/GETTY IMAGES



▶ Winnipeg's Marcellus Bowman lunges to tackle Andrew Harris yesterday.

The run of his life

Top Canadian Harris completes journey from bleachers to Grey Cup glory

Five years ago Andrew Harris was sitting on metal bleachers in frigid Winnipeg watching the B.C. Lions beat Montreal for the Grey Cup.

Yesterday, he was a lot warmer, feeling the glow of being voted the most outstanding Canadian in the Lions' 34-23 victory over the Blue Bombers in the CFL title game.

"I'm warm right now — I got the cup, I'm getting a ring," said Harris, who scored the game's first touchdown to give B.C. a 7-0 lead 8:27 after the opening kickoff. "It's amazing."

The diminutive Harris started the Lions on the road to victory with that 19-yard burst up the middle.

The second-year running back also helped seal the win with clock-eating carries late in the game.

"It's such a big honour to be named that and it's such a great league with so many good Canadians," said Harris, who is generously listed at five-foot-11 and 195 pounds — but that's probably with his pads on.

"He has tremendous skill and I look at him as a B.C. Lion and not an import or a non-import."
B.C. COACH WALLY BUONO

"It's just hard work, dedication and hopefully more to come."

He finished with 10 carries for a game-high 65 rushing yards, the longest being his run to paydirt.

"That's something we looked at," the whippet-fast Harris said of the play that sprung him loose.

"We knew it was going to be open all week. It was just a great hole. I just went outside a bit and cut back. I've got to credit my O-line for doing a hell of a job."

At the end of the game, the Lions showed their confidence in Harris, who came to the team via the Nanaimo, B.C.-based Vancouver Island Raiders junior club.

"At the end of it, he competes with other players who are professional football players," said B.C. coach Wally Buono. "It's a tremendous credit to him."

Harris was carrying the ball for key first downs late in the game.

"It's a great feeling when your coach has confidence in you and trusts you," he said.

Harris grew up in Winnipeg, idolizing the five-foot-six Charles Roberts, who scampered out of the Bombers backfield.

"There's been small backs in this league for a long time and I don't think it's going to change," Harris said.

"The CFL's a big field and you need to be quick."

Harris was a protege of Buono, commuting by ferry from Nanaimo to practise with the Lions as a junior and a territorial exemption.

Last season he ran back kicks and had 23 carries for 205 yards.

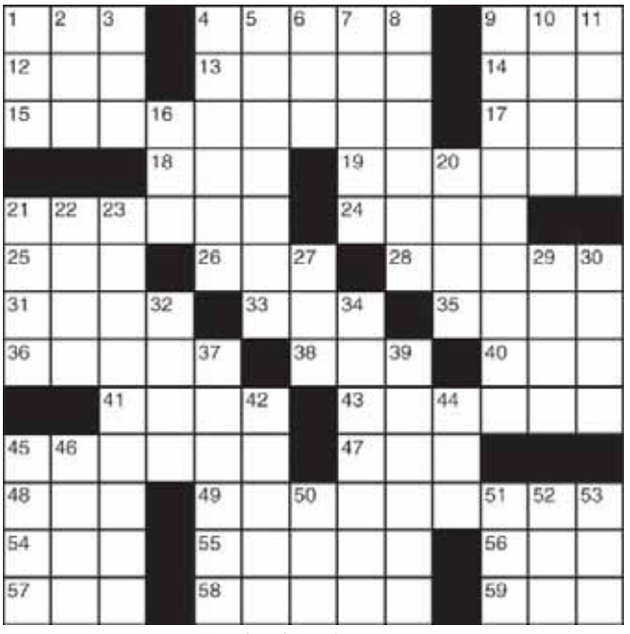
This year his role expanded. He caught 30 passes for 395 yards and seven touchdowns while running for 458 yards and another major.

Now there are fewer Nanaimo ferry rides in his future.

"I was going back and forth every day in 2009, but it's definitely worth it now," Harris said as orange and white confetti drifted down.

THE CANADIAN PRESS

Crossword



Across
1 Cambridge sch.
4 Tweak the Constitution
9 Letterman's network
12 Fuss
13 Alamo hero with a knife named for him
14 Feedbag morsel
15 Part
17 Biz deg.
18 Commercials
19 Quartz variety
21 Baked potato's skin
24 Liniment target
25 Swelled head
26 Stitch
28 Esteem
31 Simple arithmetic
33 Sinbad's bird
35 — St. Vincent Millay
36 Come to a point
38 Bankroll
40 Charged bit
41 Brewery products
43 New Jersey airport
45 OK for dieters
47 Parisian pal
48 Boxer Muhammad
49 ENIAC and its successors
54 Life story, for short
55 Judge, at times
56 Caustic solution
57 Male offspring
58 Logic
59 Doctor's due

Done
1 Buddy
2 Altar affirmative
3 Cruise or Selleck
4 Homes
5 Dr. Frankenstein's creation
6 Female sheep
7 Martial arts mercenary
8 Remove (from)
9 Digests of a sort
10 Movie pig
11 Celebrity
16 Neighbor of Afgh.
20 Oxford, e.g.
21 Make jokes
22 Water (Sp.)
23 Chum
27 "Holy moley!"
29 — about (approximately)
30 Hierarchy level
32 Narcissist's love
34 Finger food
37 Does a double-take
39 Coy
42 Emporium
44 Humor
45 Apprehends
46 Hodgepodge
50 60 sec.
51 Sprite
52 "Catcher in the —"
53 Witness

▶ Yesterday's answer

Sudoku

1		9		8				
			3				9	
	5			9		1		
7		4	9		6	5		
	9						4	
		6	2		5	7		9
		5		3			7	
	1				2			
				6		3		8

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

9	8	4	1	3	6	2	5	7
1	5	7	2	9	4	3	6	8
2	3	6	8	7	5	1	4	9
5	7	3	9	4	2	8	1	6
6	9	1	7	5	8	4	2	3
4	2	8	6	1	3	9	7	5
3	1	5	4	8	7	6	9	2
8	6	9	5	2	1	7	3	4
7	4	2	3	6	9	5	8	1

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You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

my boy
A special smile a special face
A special someone no one can replace I love you and always will You have filled a space no one could fill
FROM DAISY

Sunshine Aura
A, would like your presence sincerely calling out to you. Presently, at home, cozy and warm. Hope all is well with you and heading in the direction your fate is taking you. Google, myspace, facebook, youtube, ymail, etc. ;) Giggles! Will msg you back new digits with zest! To A from me!
FROM MOON BEAMS

My KyeKye
i love you, your amazing and make me very happy I am so thankful to have someone like you in my life <3 you mean a lot to me and I just thought you should know. xox <3
FROM SHAY

Today 8°/3° Variable
Tuesday 4°/2° Rain 80%
Know what the weather will be 14 days from now.
Check the 14 day trend.
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Although a lot of the time you don't take life too seriously, today something will strike you as of life or death importance. It isn't, so stop worrying.

♉ Taurus April 21-May 21 Anyone who doubts your ambition is about to learn just how tough a Taurus can be.

♊ Gemini May 22-June 21 You will need to trust someone else's judgment today.

♋ Cancer June 22-July 22 Don't do everything at the last minute.

♌ Leo July 23-Aug.23 You won't hesitate to throw your weight around a bit if you think it will bring you the things you desire.

♍ Virgo Aug. 24- Sept. 22 You must listen carefully to both sides of the story you are currently being told.

♎ Libra Sept. 23-Oct. 23 Seek out people who know how to get the best out of life, who know how to have fun.

♏ Scorpio Oct. 24-Nov. 22 No matter how far you may be behind in your schedule you can still get everything done that has to be done.

♐ Sagittarius Nov. 23-Dec. 21 You may think that nothing is beyond you and no doubt you are right

♑ Capricorn Dec. 22-Jan. 20 Your problem? You think too much!

♒ Aquarius Jan. 21-Feb. 18 Times are good and about to get even better and those who say you should be cautious must be ignored.

♓ Pisces Feb. 19-March 20. At some stage this week you are going to have to choose which is the more important to you: your private life or your career.

SALLY BROMPTON

AHN YOUNG-JOON/THE ASSOCIATED PRESS

Caption contest

MISHA JAPARIDZE/THE ASSOCIATED PRESS

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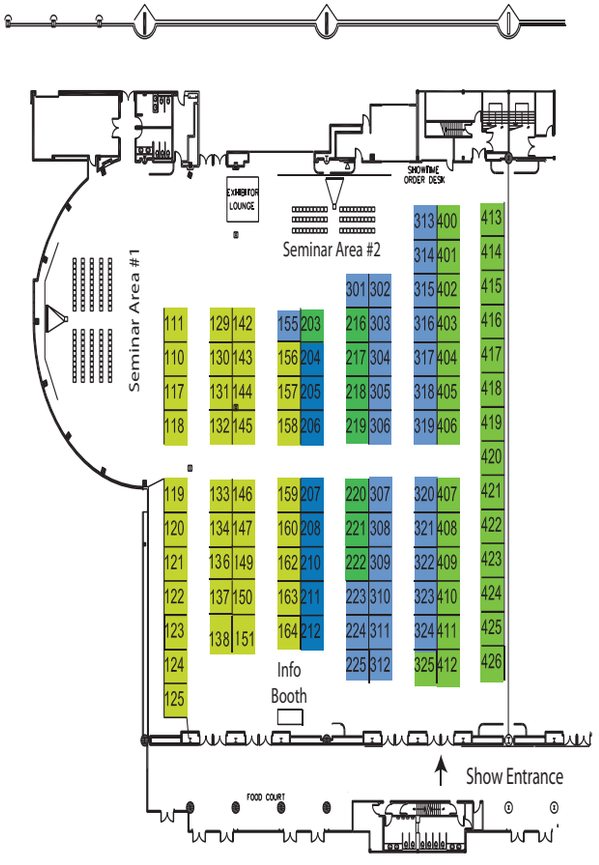
Floor Plan - Vancouver

ECF
Education & Career Fairs

Vancouver Education & Career Fair - November 30, 2011
Vancouver Convention Centre



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Feature Areas
- Colleges
- Universities
- Associations
- Employers
- Career Training, Trades & Technologies

Booth #	Name of Organization
110	SchoolFinder / Scholarships Canada
111	Metro News Vancouver
117	Aveda Institute Vancouver
118	Pacific Institute of Culinary Arts
119	Blanche MacDonald Centre
120	Blanche MacDonald Centre
121	The Ministry of Jobs & Tourism
122	The Ministry of Jobs & Tourism
123	Aboriginal Tourism Association
124	Young Drivers of Canada - Broadway Driving School Ltd.
125	Justice Institute of British Columbia
129	St. John Ambulance
130	LaSalle College
131	LaSalle College
132	LaSalle College
133	New York Film Academy
134	Le Cordon Bleu Ottawa
136	Canadian Forces Recruitment Centre
137	John Casablancas Institute
138	John Casablancas Institute
142	CDI College / Vancouver Career College
143	Vancouver Animation School
144	Vancouver Acting School
145	Northwest Culinary Academy of Vancouver
146	Think Tank Training Center Ltd.
147	FIDM / Fashion Institute of Design & Merchandising
150	VanArts
151	go2
155	Brighton College
156	Actimage Centre for Digital Arts
157	Bowen College Inc.
158	Piping Industry Apprenticeship Board
159	Pacific Aviation Academy
160	Canadian Tourism College
162	BCcampus
163	Pacific Audio Visual Institute
164	The Art Institutes
203	IED – European Design & Fashion Institute
204	Sage Foundation / Afro News
206	Taseko Mines Limited
207	Disney English
208	Sun Life Financial - Vancouver
210	Small Business BC
211	Midlyn Day Communications on behalf of BC Corrections
212	BC Council on Admissions & Transfers
216	Canada Wide Media Ltd. - Youthink Magazine
217	New Car Dealers Association of BC
219	Sun Life Financial - Burnaby
220	Service Canada
221	Drake Medox College
222	Insurance Institute - Career Connections
223	Centre for Arts and Technology
224	Langara College
225	Langara College
301	School of Health Information Sciences - University of Victoria
302	Nicola Valley Institute of Technology (NVIT)
303	Seattle Central Community College, International Education Programs
304	Musicians Institute
305	Canadian College of Naturopathic Medicine
306	MyBlueprint
307	Vancouver Community College
308	Vancouver Community College
309	Douglas College
310	Corpus Christi College
311	Langara College
312	Langara College
313	Avalon University School of Medicine
314	Columbia Bible College
315	York University
316	Swiss Hotel Management School
317	University of Guelph-Humber
318	Savannah College of Art and Design
319	West Island College International - Class Afloat
320	British Columbia Institute of Technology
321	British Columbia Institute of Technology
322	Association of BC Land Surveyors
323	Columbus College of Art & Design
324	Briercrest College and Seminary
325	Royal Roads University
400	New York Institute of Technology
401	Thompson Rivers University
402	Thompson Rivers University
403	University of New Brunswick
404	University of Fraser Valley
405	University of California, Irvine
406	Laureate International Universities / Hospitality Education
407	Simon Fraser University - Surrey Campus
408	Kwantlen Polytechnic University
409	Kwantlen Polytechnic University
410	University of Guelph
411	University of Victoria - School of Child & Youth Care
412	Tyndale University
413	Trinity Western University
414	Thompson Rivers University
415	Thompson Rivers University
416	Vancouver School of Theology - UBC
417	The King's University College
418	Canada Student Loans Program - CanLearn
419	Berklee College of Music
420	Quest University
421	IMI University Centre, Switzerland
422	Capilano University - Professional Scuba Dive Instructor Program
423	Capilano University - Faculty of Tourism & Outdoor Recreation
424	Capilano University - School of Business
425	Capilano University - Faculty of Health & Education
426	Capilano University

ECF

Education & Career Fairs

Vancouver

Area 1

Time	Presentation Topic	Presented By
9:15 AM - 9:45 AM	Prepare for the Road Ahead	Young Drivers of Canada
10:00 AM - 10:30 AM	Makeup your Career	Blanche MacDonald Centre
10:45 AM - 11:15 AM	Start Your Career Engine Now : Engage in International Career Exploration at University and College	Simon Fraser University
11:30 AM - 12:00 PM	1001 Reasons to Choose a U.S. Community College	Seattle Central Community College
12:15 PM - 12:45 PM	Exploring The Realities Of A Technology Based Arts Career	Centre for Arts & Technology
1:00 PM - 1:30 PM	Make a Career Connection – find your place in Insurance	Insurance Institute
1:45 PM - 2:15 PM	How to Fund Your Future– presented by ScholarshipsCanada.com	SchoolFinder / Scholarships Canada
2:30 PM - 3:00 PM	Careers in Health Information Science	University of Victoria, School of Health Information Science
3:15 PM - 3:45 PM	Business of Fashion	Fashion Institute of Design & Merchandising
4:00 PM - 4:30 PM	Video Games : Advanced Character 3D Modeling	Think Tank Training Centre
4:45 PM - 5:15 PM	Education & Career Planning Made Easy	myBlueprint
5:30 PM - 6:00 PM	The New York Film Academy - Learning By Doing	New York Film Academy
6:15 PM - 6:45 PM	Animation and Concept Art for Visual Effects, Game and Animation Industries	Vancouver Animation School

Area 2

Time	Presentation Topic	Presented By
9:30 AM - 10:00 AM	Is Online Education For You?	LaSalle College International
10:15 AM - 10:45 AM	10 Steps to a Quality Education Abroad	Laureate International Universities/Hospitality Education
11:00 AM - 11:30 AM	Training for Careers in the Entertainment Industries and How to Choose a School	VanArts
11:45 AM - 12:15 PM	Can You Keep A Secret?	John Casablancas Institute
12:30 PM - 1:00 PM	How To Plan And Pay For Your Post-Secondary Education	CanLearn
1:15 PM - 1:45 PM	Study, Live and Work Experiences in Switzerland	IMI University
2:00 PM - 2:30 PM	The Value of a Liberal Arts Education	Quest University
2:45 PM - 3:15 PM	The Importance of Cooking in the 21st century	Northwest Culinary Academy of Vancouver
3:30 PM - 4:00 PM	The Film & Television Market for Actors in Vancouver	Vancouver Acting School
4:15 PM - 4:45 PM	What's In Your Resume?	Langara College
5:00 PM - 5:30 PM	So You Want to Be a Correctional Officer?	BC Corrections
5:45 PM - 6:15 PM	Determine Your Career	CDI College
6:30 PM - 7:00 PM	Are You an Entrepreneur?	Small Business BC

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